



Gladiolus, the Birth Month Flower of August.

Quick Shout Out: **AUGUST**

As we close out the month, let's recognize our host for the last 31 days, **August**. During the old 10-month **Roman** calendar, it was the sixth month of the year, hence *Sextilis*. But after months were added to the later **Julian** calendar, it became the **8th** month, and was renamed *Augustus* (Latin) to honor that Roman emperor.

Curiously, most years August has the **highest birthrate** in the U.S. of all the months. Of course being the 8th month makes the math point to **December** of being a time of, well, much giving and receiving. And luckily for all those new mothers the first week of August is **World Breastfeeding Week**, celebrated in over 100 countries.

Speaking of celebration, August is **National “__” Month** for a whole host of delectables, including goat cheese, catfish, Dippin' Dots, peaches, paninis, and sandwiches. *Bon Appétit, Augustus!*

PRODUCT CITATION!

Sometimes you stumble across a product that is so superior that you wonder how its competitors even stay in business. Such is the case with the interestingly named **Dr. Tung's Smart Floss**. Almost miraculously, this dental floss thickens when you tug on it, and as a result leaves no morsel behind. Indeed, upon your first use it'll probably reveal beef jerky bits from your childhood! The perfect go-to after you've just eaten some goat cheese, catfish, Dippin' Dots, peaches, or maybe a panini/sandwich.

drtungs.com