



PLEASURE CITATION!

It was one of those sitting-around-the-campfire questions. *What's the last creature comfort you'd give up?* Mine? **Hot Water!** It's such a simple sounding thing, but let's face it, without it washing up would be insanely miserable, and we'd probably all just skip it (see below). But **Hot Water** makes it a joy! I prefer showers to baths, and have taken to doing anything I can while standing in that glorious stream of water that is hot. This means washing of course, but also shaving, flossing, brushing my teeth, even peeing (shhh). Hell, I'd blow dry my hair in there if a) it would work, and b) it wouldn't kill me. So, here's to you **Hot Water**, a celebrated *15 minutes Pleasure Citation*. Keep up the hot work!

WEEKLY PHRASE!

"Don't Throw the Baby Out with the Bathwater"

It's a long phrase, and one you probably don't use on a regular basis, unless you work in some **medieval** family bath house. More or less, it means "remember what's important while discarding what's not." But more importantly, *where does it come from?*

Apparently, in olden times (before hot water), people rarely bathed (at least in Europe). But when they did, it was a family affair. Of course this being medieval Europe, it was both sex-ist, age-ist, and species-ist, so men went first, then farm animals, then women, then babies. As you can imagine, the water got way grody by the time the babies got their turn, and one had to be careful they were not still in the murky depths when you "threw out" the bathwater. *Listen, I don't believe it ever happened either, but it's a great phrase, and one you should use...today!...at that seemingly endless non-profit Board retreat.*